



Queensland  
Mental Health  
Week

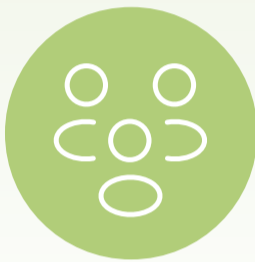


5-13 October 2024

Connect for mental health



SELF



COMMUNITY



OTHERS



NATURE



Funded by  
Queensland  
Mental Health  
Commission



Coordinated by  
CHECKUP

[www.qldmentalhealthweek.org.au](http://www.qldmentalhealthweek.org.au)

#QMHW #Connect4MentalHealth  

Artwork: 'Stronger connection creates strong health' by Leah Cummins, Bunya Designs