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## Connect for mental health











How to make bunting

1. You'll need a printer, string or ribbon, scissors, a stapler or glue and 15 mins for creation.

2. Print as many pages as you like.

3. Use scissors to cut out the bunting triangles.

4. Cut string to length. It should dip in the middle when strung.

- 5. Fold triangles at dotted line over string.
- 6. Glue or staple triangles where they fold over string. Make sure to space out triangles leaving room to tie string at ends.
- 7. Hang and admire.



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